

23rd February 2026

Dear Parent/Carer

Re: Year 7 Relationship Education

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including relationships, both physical and emotional health and living in the wider world.

In line with government guidance, it is important that students have all the information that they need to live a safe and fulfilled life in society.

Please be aware that the focus of this PSHE topic in Year 7 and 8 is relationship and health education, not sex education.

Therefore, in March we will be looking at the topics of;

- Healthy friendships
- Healthy relationships
- Peer pressure
- The law around relationships
- How changes in your body make you feel

We know that the presentation of sexual images in social and other media makes it important that all young people have a place to discuss pressures, check facts and dispel myths.

During the lessons pupils will be able to ask questions, which will be answered factually and, in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

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Due to the nature and importance of these topics it is therefore the expectation that all students will be in these lessons. If you have any questions please make a formal request to the Principal at the following email address, post@bournville.fmat.co.uk.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. Please find the RSE policy on our school website for more information.

[Relationship-Education-Relationship-and-Sex-Education-policy.pdf](#)
(bournvilleschool.org)

The curriculum plans for all subjects including PSHE can be found here.

[Curriculum – Bournville School](#)

You may also like the chance to comment on the RSE curriculum, the parent consultation survey can be found here.

https://forms.office.com/Pages/ResponsePage.aspx?id=HnypklpiskmKnVw6Paee-1K08csAvYhGgpiHLi_ozCtUMTZXWFBBTkxVQzNCMDZZTDBaSFk2TDJWTC4U

Yours sincerely,

Mrs V Middleton
Subject Lead for PSHE and RS
v.meaney@bournville.fmat.co.uk

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