

## Subject Vision

Our curriculum is founded on learners enjoying, participating in, and learning through physical activity while developing a passion for sport, exercise, and coaching. It is designed to inspire all learners to engage in challenging individual and team activities, while building an understanding of effective coaching, health, and wellbeing for life.

### AIMS:

- **Engage learners in physical activity**, developing enjoyment, confidence, and a positive relationship with sport.
- **Develop understanding of coaching principles**, including planning, leadership, communication, and safe practice.
- **Apply coaching knowledge practically**, supporting and reviewing individual and team activities.
- **Prepare learners for progression**, promoting health, wellbeing, and future pathways in sport and physical activity.

