

BOURNVILLE ALL-THROUGH SCHOOL

CURRICULUM SUIMMARY PE.

PE DEPARTMENT VISION

Through Physical Education we aim to develop the student's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We aim to improve health and well-being, promote active participation and long-life learning, and for each student to fulfil their potential. We aim to ensure that the students' experience of Physical Education is a positive and motivating and that student's attitudes to a healthy lifestyle are firmly embedded in our curriculum. Our high-quality education curriculum aims to inspire all pupils to succeed and excel in competitive sport and other sporting activities, opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

IMPLEMENTATION

PE at Bournville Academy children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise through-out the day during PE lessons, clubs, morning provision, lunch provision and sporting fixtures. At Bournville Academy the PE curriculum is structured to provide a range of sports experiences during which every child participates to develop their skills and learning through competitive, team and individual sports. We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children. Children gain experience of a variety of fundamental skills. This has a focus on agility, balance, coordination and fitness. Children take part in individual skills, group skills and team games.

IMPACT

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
 - High levels of physical fitness.

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- A healthy lifestyle, achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.
- The ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and well-being.
- The ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
 - Exceptional levels of originality, imagination and creativity in their techniques, tactics and choreography, knowledge of how to improve their own and others' performance and the ability to work independently for extended periods of time without the need of guidance or support.
- A keen interest in PE. A willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport

