



**YOUTH
WITHOUT
LIMITS**

**START
YOUR BRONZE
DOFE**

What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

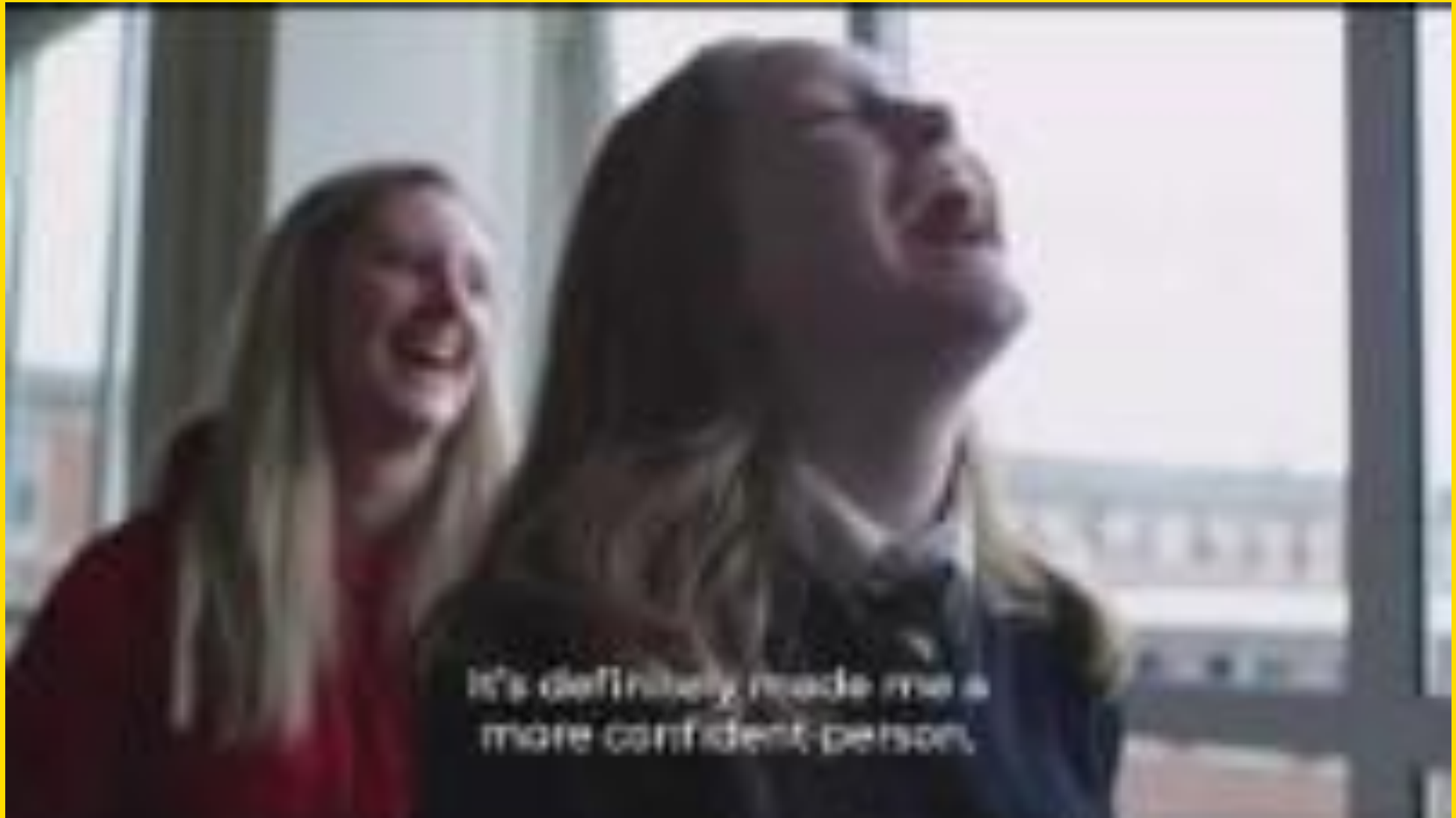
Now it's your turn.



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Introducing the DofE



What will I do?

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better



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Physical section

**Take part in whatever
dance, sport or fitness
activity you would like**

**Get fitter and have fun
along the way!**



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Skills section

Devote yourself to improving your skills in the things you love to do

Discover new passions and develop talents you didn't know you had



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Expedition

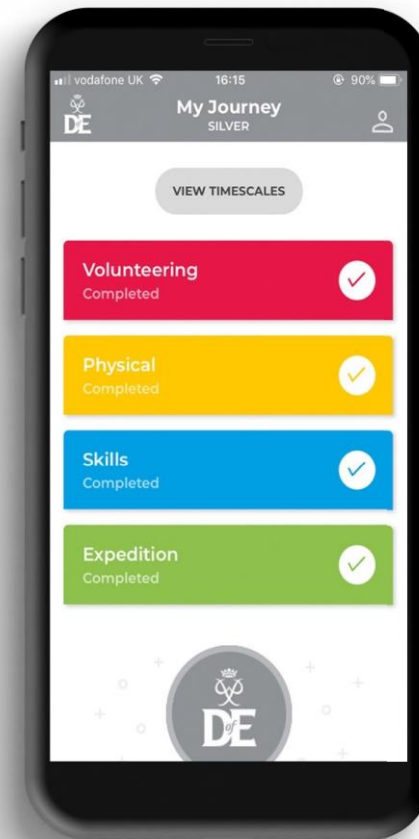
**Explore the great outdoors
and spend a night away
from home**

**Create memories that
will last a lifetime**



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Your Welcome Pack and eDofE



Getting started

Are you ready to start an adventure you'll never forget?

**To get started with your DofE,
Please pay and give
consent through Parent
Pay**

**Return to Bitesize
planner to Miss Poole
by 6th November**



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Only 30 placements available!