



# Bournville School Curriculum Intent Statement 21-22

## PHSE

For our PSHE lessons we use the Jigsaw scheme. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw equips our teachers to deliver engaging and relevant PSHE within a whole school approach. Jigsaw lessons also include mindfulness sessions allowing children to advance their emotional awareness, concentration and focus.

Jigsaw is a unique, spiral, progressive and effective scheme of work, aiming to prepare children/young people for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world. It also gives children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.

The 6 units the children move through are Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. The Being in My World unit starts the year allowing children to reflect upon their feelings, personal goals for the year, self-identity and rights and responsibilities. The year ends with Changing Me; focusing upon the body, growing and transition ready to prepare the children for moving up a year group or onto Secondary school.

At the end of each lesson, children reflect on their learning and how what they have learnt with impact on their behaviour in the future. Some of these are recorded in class journals with the support of an adult. These journals will be seen in all classes from Reception – Year 6.

The aims for teaching PSHE in our school are:

- To develop children's emotional awareness.
- To enable children to value themselves.
- For children to understand how they relate to others.
- To prepare our children for life outside and inside of school.
- To develop children's self-identity.
- To develop children's understanding of their rights and responsibilities.



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## PSHE Curriculum KS1 and KS2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 2	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 3	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 4	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 5	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Year 6	Being Me in My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me