

12th March 2021

Dear Parent/Carer

Re: Relationship and Sex Education

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including relationships, both physical and emotional health and living in the wider world. The aim of the PSHE curriculum is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE for the remainder of the half term. Topics studied will be as follows:

Year 7: Healthy friendships, different types of relationships, puberty: physical and emotional changes.

Year 8: Healthy and unhealthy relationships, relationships and the law, puberty: going through the changes.

Year 9: Peer pressure: friendships and relationships, consent, STIs and sex myths, contraception, self-confidence and self-esteem.

Year 10: Impact of lifestyle and life choices, peer pressure, contraception.

Year 11: Contraception, relationships and the law.

During the course, pupils will be able to ask questions, which will be answered factually and, in an age, appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all pupils will have the opportunity to take part in our carefully planned lessons.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. Please find the RSE policy on our school website for more information.

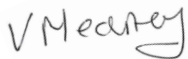
[Relationship-Education-Relationship-and-Sex-Education-policy.pdf \(bournvilleschool.org\)](#)

You may also like the chance to comment on the RSE curriculum, the parent consultation survey can be found here.

https://forms.office.com/Pages/ResponsePage.aspx?id=HnypklpiskmKnVw6Pae-1K08csAvYhGgpiHLi_ozCtUMTZXWFBBTkxVQzNCMDZZTDBaSFk2TDJWTC4u

If you have any queries about the content of the programme or to withdraw your child, please do not hesitate in contacting me at school.

Yours sincerely,



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