

## CURRICULUM OVERVIEW 2020-2021

### SUBJECT: KS4 Food Preparation & Nutrition

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS
YEAR 11	<b>Trial NEA Assessment 2</b>  Trial example NEA 2. How do you develop key skills for the completion of NEA 2?  <b>LST - Revision</b>	<b>NEA Assessment 2:</b>  How do you analyse, research and plan the LIVE NEA 2?  <b>LST – Revision</b>	<b>NEA Assessment 2:</b>  How do you prepare and cook 2 dishes with accompaniments for a specific theme for the LIVE NEA 2?  Practical Examination.  <b>LST - Revision</b>	<b>NEA Assessment 2:</b>  How do you evaluate the success and presentation of 2 dishes with accompaniments for a specific theme for the LIVE NEA 2?  <b>LST - Revision</b>	<b>Exam Revision</b>	
YEAR 10	<b>Commodity:</b> Fruit and Vegetables including potatoes (fresh, frozen, dried, canned and juiced) <b>No Year 10 Class</b>	<b>Commodity:</b> Milk, cheese, yogurt and cream <b>No Year 10 Class</b>	<b>Commodity:</b> Cereals (including flours, breakfast cereals, bread and pasta) <b>No Year 10 Class</b>	<b>Commodity:</b> Meat, Poultry, Fish and Eggs <b>No Year 10 Class</b>	<b>Commodity:</b> Sugar and syrup <b>Commodity:</b> Butter, oils and margarine <b>No Year 10 Class</b>	<b>Commodity:</b> Soya, tofu, beans, nuts and seeds <b>No Year 10 Class</b>

**The Big Questions** - These questions are to be answered for each commodity.

- What are the consumer issues?
  - What are new foods and their importance/functions?
  - How do new technologies influence food production and cooking?
  - What are the new trends in food? Why are they important?
  - What new skills do I need to learn and why?
  - Why is it important to understand consumer issues and how they impact mine and others diets?
- What are the functions of foods and why is it important to understand the functions?
  - Why is it important to know where foods come from?
  - Was is provenance important?
  - What is Primary and Secondary processing of foods?
  - What is the value in the diet of commodities?
  - What are the working characteristics of food commodities?