

## CURRICULUM OVERVIEW 2019-2020

### SUBJECT: KS4 Food Preparation & Nutrition

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS	THE BIG QUESTIONS
YEAR 11	<b>NEA Assessment 1</b>  What are the working characteristics and the functional, chemical properties of the different ingredients needed to achieve a perfect shortcrust pastry?	<b>NEA Assessment 2:</b>  What are the skills and ingredients required to cook a 'world food' dish for a chosen country?	<b>NEA Assessment 2 :</b>  How do you prepare and cook a three course meal for a specific theme?  How does a chef prepare for dietary requirements of individuals and events?	<b>NEA Assessment 2 :</b>  How do you evaluate the success and presentation of a three course meal?	<b>Exam Revision</b>	
YEAR 10	<b>Commodity:</b> Meat and Poultry	<b>Commodity:</b> Fish and Eggs	<b>Commodity:</b> Milk, cheese and yogurt	<b>Commodity:</b> Butter, oils and margarine	<b>Commodity:</b> Sugar and syrup	<b>Commodity:</b> Soya, tofu, beans, nuts and seeds
YEAR 9	How can we prepare to cook a range of foods safely and hygienically?  What are the consumer issues and trends in the food industry?			<b>Commodity:</b> Fruit and Vegetables including potatoes (fresh, frozen, dried, canned and juiced)	<b>Commodity:</b> Milk, cheese and yogurt	<b>Commodity:</b> Cereals (including flours, breakfast cereals, bread and pasta)

**The Big Questions** - These questions are to be answered for each commodity.

- What are the consumer issues?
- What are new foods and their importance/functions?
- How do new technologies influence food production and cooking?
- What are the new trends in food? Why are they important?
- What new skills do I need to learn and why?
- Why is it important to understand consumer issues and how they impact mine and others diets?
- What are the functions of foods and why is it important to understand the functions?
- Why is it important to know where foods come from?
- Was provenance important?
- What is Primary and Secondary processing of foods?
- What is the value in the diet of commodities?
- What are the working characteristics of food commodities?