

CURRICULUM OVERVIEW

SUBJECT: PSHE



	AUTUMN 1 Ambition Your future		AUTUMN 2 Tradition Your values		SPRING 1 Integrity Your relationships		SPRING 2 Excellence Your economic wellbeing		SUMMER 1 Dedication Your physical and emotional health		SUMMER 2 Dedication Your physical and emotional health	
	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS
YEA R 11	Re- introduction Post 16 options, Research on post 16 Study skills	Learning behaviour Independent thinking Setting goals Methods of revision	Critical thinking scenarios Free speech, media Radicalisation and extremism Looking after yourself	Evaluation skills Listening to opinions Challenging immoral actions Independe nce	Sex and relationships. Healthy and unhealthy relationships.	Self- motivation Challenging inappropriate behaviour Staying safe	Independent living Healthy lifestyles Reflection	Economic knowledge Independen ce Goal setting	Study skills. Subject specific revision. 1:1 help when possible	Self- motivation Setting goals Time management	Study skills. Subject specific revision. 1:1 help when possible	Self- motivation Setting goals Time management
YEA R 10	Re- introduction Launch of work experience Looking for work ex Study skills	Learning behaviours Independent thinking Methods of revision Setting goals	Communication Radicalisation and extremism Looking after yourself	Oracy. Speaking to others, challenging inappropria te language. Independence	Sex and relationships. Safe sex Family life	Confidence, knowledge of the law Challenging inappropriate behaviour	Democracy Euthanasia Abortion	Public speaking. Listening to others. Open- mindedness	Teen pregnancy Healthy eating, Eating disorders, Planning for year 11, Work ex check list	Independence Wellbeing Ambition, Inspiration, Independent research.	Work ex prep, Work ex reflection Reflection	Independent research, Speaking to businesses, Reflection, Goal setting.
YEA R 9	Re- introduction Employability skills Extracurricul ar opportunities	Learning behaviours Independent thinking Ambition Methods of revision	Into to prejudice & discrimination. Radicalisation and extremism	Oracy Challenging inappropria te language. Challenging immoral actions	Sex Self- confidence and esteem Peer influence	Confidence Knowledge of the law Challenging inappropriate behaviour	Law Key topic debate	Confidence Public speaking Listening to others	Eating and exercise Eating disorders Peer pressure	Self- esteem Independence Confidence Facing peer pressure	Getting help Revision skills Reflection	Independence Ambition Inspiration Reflection Setting goals

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	Study skills	Setting goals	Local examples of radicalisation	Facing peer pressure								
YEA R 8	Re- introduction Career pathways Anxiety, and friendships Study skills	Learning behaviours Independen ce Communicati on skills Methods of revision Setting goals	Intro to diversity Anti- discrimination Kudos lesson, What are your options?	Oracy. Speaking to others, challenging inappropria te language. Independence Planning your future	Puberty Sex and relationships Sex and relationships Marriage & civil partnerships	Confidence Challenging inappropriate behaviour Body confidence Independence Social skills Challenging inequality	Economic understandin g Risk and reward Fair trade	Confidence Economic knowledge Independen ce Worldliness	Tobacco and alcohol Drug awareness & misuse Anti-social behaviour	Self- esteem Independence Challenging peer pressure Confidence Challenging inappropriate behaviours	First aid and life-saving Personal hygiene Recognising you are safe reflection	Independence Responsibility Confidence Setting goals Reflection
YEA R 7	Introduction Transition Friends & teamwork. Study skills	Learning behaviours Communicati on Challenging behaviours Supporting others Methods of revision Setting goals	Personal values Anti-bullying Rights, responsibilities	Challenging peer pressure Speaking to others, Supporting others challenging inappropria te language.	Puberty Sex and relationships Friends and families	Confidence Body confidence Independence Social skills Challenging inequality Challenging inappropriate behaviour	Importance of money Function of money Personal budgeting	Independen ce Economic understandi ng Funding your own life	Eating and exercise Health indicators	Body confidence Self esteem Confidence	Tobacco and alcohol Personal hygiene Personal identity Reflection	Oracy Self- esteem Independence Confidence Challenging inappropriate behaviours Setting goals Reflection