

CURRICULUM OVERVIEW 2017-2018

SUBJECT: GCSE PHYSICAL EDUCATION

	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2	
	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS
YEAR 11	Engagement patterns of different social groups	AO1 AO2 AO3 Data analysis	Commercialisation of physical activity Ethical and socio-cultural issues	AO1 AO2 AO3	Sports psychology	AO1 AO2 AO3 Data analysis	Health, fitness and well-being Diet and nutrition	AO1 AO2 AO3 Data analysis	Revision and examination preparation External practical moderation	AO1 AO2 AO3 AO4		
	<u>Core PE</u> Netball	AO4	<u>Core PE</u> Table Tennis	AO4	<u>Core PE</u> Badminton	AO4	<u>Core PE</u> Football	AO4	Revision and examination preparation	AO1 AO2 AO3		
YEAR 10	Skeletal system Muscular system Movement analysis	AO1 AO2 AO3	Cardiovascular system Respiratory system	AO1 AO2 AO3	Effects of exercise on the body	AO1 AO2 AO3 Data analysis	Components of fitness Principles of training	AO1 AO2 AO3 Data analysis	Preventing injury	AO1 AO2 AO3	Analysing and evaluating performance (AEP)	AO4
	<u>Core PE</u> Netball	AO4	<u>Core PE</u> Netball	AO4	<u>Core PE</u> Badminton	AO4	<u>Core PE</u> Badminton	AO4	<u>Core PE</u> Table Tennis	AO4	<u>Core PE</u> Table Tennis	AO4

	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		SUMMER 1		SUMMER 2	
	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS	CONTENT	SKILLS
YEAR 9	Skeletal system	AO1 AO2 AO3	Muscular system	AO1 AO2 AO3	Movement analysis	AO1 AO2 AO3	Cardiovascular system	AO1 AO2 AO3	Respiratory system	AO1 AO2 AO3	Components of fitness	AO1 AO2 AO3 Data analysis
	<u>Core PE</u> Netball	AO4	<u>Core PE</u> Netball	AO4	<u>Core PE</u> Badminton	AO4	<u>Core PE</u> Badminton	AO4	<u>Core PE</u> Table Tennis	AO4	<u>Core PE</u> Table Tennis	

KEY:

AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport.

AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport.

AO4: Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.